



TAKE THE WHEEL
HYPNOTHERAPY + PSYCHOTHERAPY

TERMS

Therapy Duration & Termination

Therapy will be limited to a maximum of 3 fee paying sessions for Suggestion Therapy (suggestions only) and 12 fee paying sessions for Analytical Therapy (deeper analysis of presenting issue/s). Therapy shall be terminated either at the client's request or when the client returns to full functionality or a referral for further treatment may be made at any time, whichever is in the client's best interest.

Confidentiality Policy

All therapist's communications, records and contracts with clients, professionals and support staff will be held in strict confidence. Information may be released, in accordance with the law, only when:

- (1) the client signs a written release of information indicating informed consent to such release;
- (2) the client expresses serious intent to harm himself/herself or someone else;
- (3) there is evidence or reasonable suspicion of abuse of a minor, an elderly person (sixty-five years or older), or a dependent adult; or
- (4) a court order is received directing disclosure of information.

It is Take The Wheel Therapy policy to assert (a) a privileged communication in the event of (4). Although it cannot be guaranteed, all efforts will be taken to apprise clients of mandated disclosure.

All therapist discussions in professional supervision will be unidentified.

Cancellation Policy

Clients maintain responsibility regarding appointment times. Any appointment cancelled after 6PM the day before the appointment will occur (1) one half of the fee rate for the first incident and (2) the full fee rate for any incident thereafter. Non-attendance at a scheduled appointment will occur the full fee rate.

Work Agreement

It is agreed that the client shall make effort in good faith effort at personal growth and engage in the therapy as an important priority at this time in their life. Client gain is most important in therapy. The client agrees to undertake any homework required to the best of their ability. Suspension, termination, or referral shall be discussed between therapist and client in the case of a pattern of behaviour that reveals disinterest or lack of commitment to therapy, or for any unresolved conflict or impasse between therapist and client.

An agreed treatment plan will be drawn up by the second session, with future revisions possible as the need arises.

Fees and Health Insurance Cover

Full payment shall be made at the end of each session by the client unless discussed prior. Client(s) understand that they are responsible for the payment of all fees.

The Hypnotherapist Melissa Bradshaw is a registered provider with some private health funds. Clients may be covered for hypnotherapy depending on their insurer and coverage. Clients are to bill their own insurance if they have appropriate cover.

Fee Agreement

Initial sessions are a standard length of 1.5 hours each at a cost of \$180.00, with subsequent sessions of 1 hour each at \$130. Extended subsequent sessions can be made on request by the client and some analytical hypnotherapy techniques may require an extended session to allow for thorough and complete implementation of the technique. Extended subsequent sessions will be charged at the hourly rate of \$130 (half hour +\$65).

Disputes

It is agreed that any disputes or modifications of the therapy agreement shall be negotiated directly between the parties. If negotiations are not satisfactory, then the parties agree to mediate any difference with a mutually acceptable third-party mediator.